

Social Story

Coughing Etiquette

Supporting Customers During Change and the
Coronavirus (COVID-19) Pandemic
April 2020



MULTICAP[®]

HIGH NEEDS DISABILITY SUPPORT

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Multicap have developed a range of Social Stories to assist staff and families in supporting customers in the event of significant changes around Coronavirus (COVID-19).

This Social Story relates to Coughing Etiquette to reduce the spread of COVID-19.

Evidence for the effective use of social stories

Social stories are a great way of teaching those with learning difficulties (especially Autism Spectrum Disorder) new patterns and getting them ready for change.

Social Stories break down complex messages into smaller, manageable pieces using short phrases and pictures. They work by letting the reader know what to expect ahead of time and allow them to practice and work through new perspectives.

Social Stories are widely used for the education of children and for those with ASD and other disabilities and is seen as an effective way to convey information about emotions, situations and change.

A guide to using social stories

Use the comic version of the social story to convey the bulk of the important information to customers. All other prepared materials work as aids to help with customer's comprehension of the social story's message. Use these resources to help customers engage with the content of the story by:

- a) drawing their own version
- b) colouring in the black and white version
- c) listening to the "Stay Inside" song [available on the Multicap website](#)



Sometimes I need to cough
or sneeze.



I can make people sick
when I cough or sneeze
into the air.



I can cough into my elbow so it won't make others sick.



I should wash my hands after I cough to stop other people getting sick.



This is how I can help keep other people safe and healthy.