

Social Story

Washing Hands

Supporting Customers During Change and the
Coronavirus (COVID-19) Pandemic
April 2020



MULTICAP[®]

HIGH NEEDS DISABILITY SUPPORT

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Multicap have developed a range of Social Stories to assist staff and families in supporting customers in the event of significant changes around Coronavirus (COVID-19).

This Social Story relates to Washing Hands to reduce the spread of COVID-19.

Evidence for the effective use of social stories

Social stories are a great way of teaching those with learning difficulties (especially Autism Spectrum Disorder) new patterns and getting them ready for change.

Social Stories break down complex messages into smaller, manageable pieces using short phrases and pictures. They work by letting the reader know what to expect ahead of time and allow them to practice and work through new perspectives.

Social Stories are widely used for the education of children and for those with ASD and other disabilities and is seen as an effective way to convey information about emotions, situations and change.

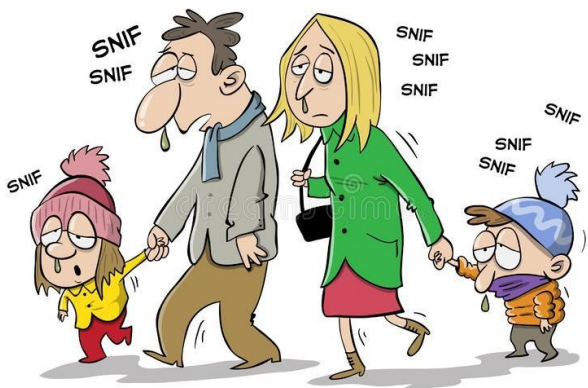
A guide to using social stories

Use the comic version of the social story to convey the bulk of the important information to customers. All other prepared materials work as aids to help with customer's comprehension of the social story's message. Use these resources to help customers engage with the content of the story by:

- a) drawing their own version
- b) colouring in the black and white version
- c) listening to the "Stay Inside" song [available on the Multicap website](#)



Sometimes my hands get dirty.



Dirty hands can make people sick.



I may use water and soap to get my hands clean.



Washing my hands keeps everyone around me from getting sick.

How do we wash our hands?

Support staff will teach me how to wash my hands. I will use soap and water. These are the steps:

1. Turn on the water



2. Put soap on my hands



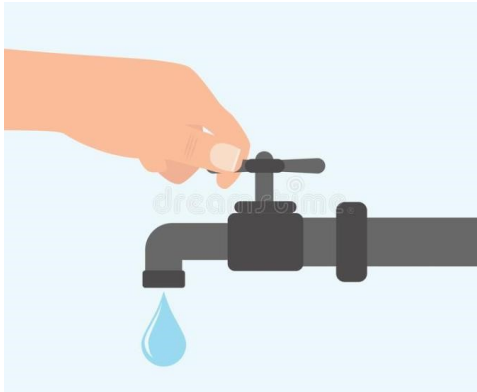
3. Rub my hands together and maybe add a little water. This makes soap bubbles. I can sing a song while I make bubbles with my hands.



4. Rinse the soap off my hands with water



5. Turn the water off



6. Dry my hands



When I wash my hands I will help to keep myself and other people safe.